

THE WISC WORD NEWSLETTER



FEATURED

MAD DASH 5K & FUN RUN

AUGUST 4

Registration is now open! Help support CDR, Child Development Resources by participating in the run. Register at www.thewisc.com. Early bird registration ends July 14th.



FAMILY FESTIVAL

AUGUST 11

Time: 9:30am-12:30pm
FREE Community Event
 Want to be a vendor and advertise your business during this event? Contact Geoffrey greid@thewisc.com



MASSAGES

MASSAGE THERAPY NOW AVAILABLE AT WISC

Swedish, Deep Tissue, Sports, Therapeutic and even a lower leg and feet massage are available. Receive \$10 Off your first visit. Contact Michelle to book your massage (757) 903-4302.



Upcoming Events

JULY 2018

Every Friday	Tumble Time 4-6pm - upstairs gymnastics area for ages 5 and under
Every Friday	Open Gym 6-8pm - downstairs gymnastics area for ages 6+
July 4th	No classes or sports programs. Fitness, Zone and Pool will be open 9am-2pm

Go to www.thewisc.com for more details.

SUMMER SPORT CAMPS

Summer Sport Camps are still open for registration. Camps include swimming, survivor, gymnastics, dance and martial arts. Registration is available online and at the Customer Service Desk!

Space is limited, don't delay, and register today!



CAMPS

SUMMER BIRTHDAY SAVINGS!

Present the coupon below when booking your party to receive the discount! Party options include the pool, gymnastics, soccer, laser tag and more! Coupon must be presented at the time of booking.



Welcome. Inspire. Smile. Care.



\$40 off a birthday party

Book your party by August 30, 2018 for any date to take advantage of this deal!

*Coupon must be presented at the time of booking.
 *One coupon per party.
 *Offer not valid with any other offers.

5700 Warhill Trail
 Williamsburg, VA 23188
 (757) 253-1947
www.thewisc.com

Birthday Parties are a BLAST at WISC!

BIRTHDAYS

YOGA

YOGA

Like all yoga poses, yoga poses specifically for the face can bring many benefits to your face by increasing blood circulation, muscle tone, moving lymph, and reducing wrinkles and stress lines. It's a great age defying habit to develop.

SAVE THE DATE

RED CROSS BLOOD DRIVE AT WISC

AUGUST 24

Time: 9am-2pm

SENTARA SPOTLIGHT

Sentara Therapy Center-Treyburn

Now open and offering physical, occupational and speech therapy for adults and children.



Ask Us About Your Aches and Pains
Direct access to physical therapy makes it easier to get started on the path of healing.*

Visit the newest Sentara Therapy Center in Williamsburg on 3901 Treyburn Drive, or any of the 11 Sentara Therapy Centers conveniently located throughout the Peninsula.

Call 855-852-9066 to schedule or visit www.Sentara.com/Therapy for locations.

**Direct access does not apply to pediatric therapy which requires a physician referral prior to seeing a therapist.*

www.sentara.com

Your community, not for profit health partner



SPECIAL EVENTS

TUMBLE TIME EVERY FRIDAY
Time: 4-6pm

OPEN GYM EVERY FRIDAY
Time: 6-8pm

Both events will be offered EVERY Friday evening during Term 4 (June 25- Aug 18).

PARENTS NIGHT OUT JULY 13
Theme: TBD
Dinner and drinks included.

MIDDLE SCHOOL SOCIAL JULY 20
Time: 7-10pm

Kids Klash Middle School Social with Hampton Roads Combat Games.

PARENTS NIGHT OUT JULY 27
Theme: TBD
Dinner and drinks included.

GYMNASTICS

Early Birds/Explorers has been added to the summer schedule 2:45-3:45pm Mon-Thurs.

Register for Term 4 class and a summer camp, earn \$25 in WISC Bucks to use on future classes. Contact Dianna DMcCummings@thewisc.com



TEAM GYMNASTICS

Congratulations to our Xcel Gold & Platinum teams on a wonderful Xcel Regionals meet in Lancaster, PA. The Xcel Gold group placed 5th out of 35 teams and the Xcel Platinum group placed 2nd out of 26 teams.

There will be **NO PRACTICES** for the gymnastics team July 1st - July 8th.

SUMMER CAMPS

JULY 9-13: A Touch of Team Camp

JULY 3-AUG 3: A Touch of Team Camp

AUG 20-24: Trampoline & Tumbling Summer Sport Camp

GYMNASTICS



CONTACT

5700 Warhill Trail
Williamsburg, VA 23188
Phone: 757.253.1947
www.thewisc.com



SPONSOR OF THE MONTH: Habitat ReStore

1303 Jamestown Rd. Colony Square Shopping Center, Williamsburg, VA
23185 STORE HOURS: Monday - Saturday: 9am - 6pm Sunday: Closed

WELCOME NEW SPONSORS

Wmbg. Winery, Casey Auto Group & Steve Sparkman with State Farm

THANK YOU SPONSORS!

Thank you to all our sponsors for their continued support! Families, please support our local sponsors with your dining, financial, lodging, lawn care, dental and vision needs. Without their support, we couldn't do what we do. Check out our sponsor coupons and information located behind the customer service desk and on our sponsor table upstairs by The Zone.



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