MASSAGES (cont'd)		Non Member	Member
Lower Legs & Feet If your feet could talk they would. This therapy involves pressure points on the bottom of your feet that represent the organs and other body parts.	50min	\$85	\$75

<b>BODY TREATMENTS</b>	Non-Member	Member
Full Body Exfoliation This treatment will help slough away dead skin, increase circulation and lymph flow and leave you feeling energized.	\$120	\$110
Sea Kelp Detox Treatment This treatment can be either moisturizing or detoxifying, depending on what results you are looking for. It is recommended in conjunction with weight loss since it helps the skin's tissue retain its elasticity.	\$120	\$110
Mud Treatment Kaolin Clay with Lavender, Chamomile and Rose is spread over the entire body to help repair damaged skin.	\$120	\$110

ADD-ONS	Non-Member	Member
Paraffin Hand Dip Feet Exfoliant	\$30	\$20
Feet Mask Back Exfoliant Body Brush	\$45	\$35
Aromatherapy	\$25	\$15
Tummy Masque	\$50	\$40

\*\*\*\*\*PROMOTIONAL OFFER\*\*\*\*\*
\$10 OFF

First Visit (excludes Specials)

\*\*\*\*\*\*\*\*\*\*

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Williamsburg, VA

### Body Therapy Center at the WISC

MASSAGES		Non Member	Member
Swedish A traditional European favorite for those desiring gentle relaxation. Using long calming strokes, it soothes and relaxes the body. It is recommended for everyone, especially for first time massage clients.	30min	\$65	\$55
	60min	\$95	\$85
	90min	\$115	\$105
Deep Tissue This therapy addresses specific complaints such as trigger points, nerve compression, postural issues, inflexibility and spasms. Therapist and client work together to form a treatment plan that will help reduce pain.	30min	\$70	\$60
	60min	\$105	\$95
	90min	\$135	\$125
Sports This is a rigorous massage that is meant for a pre or post event. Sometimes clients will come in that are very physically active and require this type of massage	30min	\$70	\$60
	60min	\$105	\$95
	90min	\$135	\$125
Therapeutic If you have a certain ailment and need specific work done, this is your therapy. This therapy is given when a client needs certain areas worked on aiming to get a specific outcome.	30min	\$70	\$60
	60min	\$105	\$95
	90min	\$135	\$125
<b>Hot Stone</b> Heated Smooth Stones that the therapist massages all over the body.	60min	\$120	\$110
	90min	\$150	\$150
Pregnancy Massage In this massage the client is put in an elevated position on her back and laid on either side. The goal is to keep the mother as comfortable as possible and soothe away any aches or swelling she may be experiencing.	30min	\$70	\$60
	60min	\$105	95
	90min	\$135	\$125
Couples Swedish Our couples massages Include Aromatherapy & hot compress. Enjoy relaxation right next to someone you care about.	60min	\$190	\$180
	90min	\$240	\$230

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