

The WISC Fitness Academy
 Sun Salutation Challenge Personal Tracker

Name: _____

Date	Sun Salutations 15 mins	Bring a friend	Social Media Post
Feb 21			
Feb 22			
Feb 23			
Feb 24			
Feb 25			
Feb 26			
Feb 27			
Feb 28			
Feb 29			
Mar 1			
Mar 2			
Mar 3			
Mar 4			
Mar 5			
Mar 6			
Mar 7			
Mar 8			
Mar 9			
Mar 10			
Mar 11			
Mar 12			
Mar 13			
Mar 14			
Mar 15			
Mar 16			
Mar 17			
Mar 18			
Mar 19			
Mar 20			
Totals			