

**4<sup>th</sup> Annual  
WISC Mad Dash 5K Run  
Williamsburg Indoor Sports Complex,  
Warhill Sports Complex, Williamsburg, VA  
Saturday, August 5, 2017  
A Colonial Road Runners Grand Prix Event**

105 finishers in 5K run/walk.

24 finishers in one mile fun run/walk.

\*\* Age group record (5-year age groups)

**Men Overall**

1. Ryan Doupe, 31	Newport News	18:37
2. Rob Allen, 51	Pt. Mugu, CA	19:10
3. Greg Dawson, 51	Williamsburg	19:20

**Women Overall**

**1. Thorin Jean, 16	Williamsburg	20:12
**2. Emily Honeycutt, 26	Newport News	21:25
3. Sorena Jean, 15	Williamsburg	23:10

**Men 14-and-under**

1. Isaac Lamprecht, 10	New Kent	21:18
2. Daniel Zilla, 12	Williamsburg	27:10

**Men 15-19**

1. Dylan Zilla, 15	Williamsburg	26:26
2. Cyrus Boardman, 19	Bel Air, MD	1:03:39*

\*Walker winning age group award

**Men 20-24**

1. Logan St. John, 23	Williamsburg	19:45
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**Men 25-29**

1. Benjamin Kaurich, 29	Newport News	25:18
2. Kristian Hill, 25	Newport News	27:11
3. Evan Goff, 29	Williamsburg	40:04

**Men 30-34**

1. Steve Seiler, 31	Williamsburg	21:39
2. Traver Hardesty, 33	Toano	32:12
3. Matt Eppright, 32	Williamsburg	33:57

**Men 35-39**

1. David Marmon, 39	Williamsburg	24:20
2. Jason York, 39	Williamsburg	28:25
3. Jameson Bligh, 37	Williamsburg	39:40

**Men 40-44**

1. Jason Miller, 40	Williamsburg	20:13
2. Christopher Schleif, 42	Toano	20:57

3. Paul Olsen, 40	Toano	24:58
4. Randy Proctor, 41	Toano	25:53
5. Tom Toothaker, 40	Williamsburg	28:19

#### **Men 45-49**

1. David Anderson, 47	Williamsburg	21:18
2. Joe Dobrota, 45	Williamsburg	25:51
3. Art Mowry, 46	Toano	28:27
4. Kevin Onizuk, 46	Williamsburg	28:49
5. Oliver Sears, 45	Williamsburg	29:27
6. Jamie Garrett, 45	Newport News	31:53

#### **Men 50-54**

1. Paul Pelletier, 52	Williamsburg	21:16
2. Robert Jean, 52	Williamsburg	25:41
3. Pete Pontzer, 53	Fairfax	28:13
4. Steven Godoy, 50	Williamsburg	30:10
5. Rex Hoover, 54	Williamsburg	33:49
6. Mark Laney, 50	Williamsburg	43:44

#### **Men 55-59**

1. Ken Alberg, 56	Suffolk	20:33
2. Dean Wewetzer, 58	Newport News	31:33
3. John Zilla, 57	Williamsburg	33:50

#### **Men 60-64**

**1. Stephen Chantry, 62	Williamsburg	19:39
2. Will Murray, 61	Williamsburg	21:09
3. Don Welsh, 63	Williamsburg	53:14*

\*Walker winning age group award

#### **Men 65-69**

1. Rick Platt, 67	Williamsburg	26:23
2. Ed Irish, 67	Williamsburg	27:37
3. Jimmy Blount, 66	Williamsburg	30:28

#### **Men 70-and-over**

1. Larry Arata, 72	Williamsburg	28:39
2. Stuart Kroll, 70	Virginia Beach	36:01
3. Grove Calvert, 70	Virginia Beach	47:20*

\*Walker winning age group award

#### **Men Walk**

1. Scott Stakes, 54	Portsmouth	34:04
2. George Fenigsohn, 69	Poquoson	37:31
3. John Strassberger, 73	Williamsburg	37:43
4. Grove Calvert, 70	Virginia Beach	47:20
5. Don Welsh, 63	Williamsburg	53:14
6. Ron Hurst, 63	Williamsburg	54:45
7. Mark Massie, 42	Williamsburg	59:37
8. Jason Aschiero, 34	Williamsburg	59:43
9. Cyrus Boardman, 19	Bel Air, MD	1:03:39

10. Luke Beckerdite, 60	Williamsburg	1:09:05
11. Don Butler, 47	Toano	1:09:06

### Women 14-and-under

1. Cannon Jean, 12	Williamsburg	30:46
2. Anna Van Lear, 14	Yorktown	30:54
3. Katelyn Bligh, 6	Williamsburg	39:39
4. Hannah Laney, 11	Williamsburg	43:45

### Women 15-19

1. Emma Pontzer, 15	Fairfax	26:53
2. Ava Anderson, 19	Brandywine, MD	1:03:39*

\*Walker winning age group award

### Women 20-24

1. Lindsay Weaver, 22	Newport News	27:11
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### Women 25-29

1. Chelsea Goff, 29	Williamsburg	40:03
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### Women 30-34

1. Kayla Best, 30	Williamsburg	29:14
2. Patti Eppright, 32	Williamsburg	33:56
3. Nicole Hardesty, 31	Toano	49:53

### Women 35-39

1. Evie Burnet, 39	Williamsburg	24:07
2. Steph Toothaker, 36	Williamsburg	24:12
3. Elizabeth Schleif, 36	Toano	24:13
4. Robin Olsen, 38	Toano	24:34
5. Jessica Burcham, 35	Williamsburg	24:45
6. Laura Bligh, 37	Williamsburg	39:40
7. Annie Sears, 39	Williamsburg	47:21

### Women 40-44

1. Susan Hagel, 44	Norfolk	24:11
2. Melanie Dun Moodie, 41	Canandaigua, NY	35:53
3. Lani Khounvixay, 40	Williamsburg	47:24

### Women 45-49

1. Ruth Shields, 45	Canandaigua, NY	27:27
2. Melissa Shelton, 48	Williamsburg	31:20
3. Leslie Franklin, 45	Williamsburg	31:38
4. Criztina Jean, 48	Williamsburg	34:52
5. Noelle Laney, 45	Williamsburg	43:48

### Women 50-54

1. Patricia Zilla, 53	Williamsburg	28:24
2. Danna Hansen, 54	Providence Forge	34:07

### Women 55-59

none

### Women 60-64

1. Peggy Scholley, 62	Williamsburg	38:00
2. Linda Chelmow, 61	Williamsburg	53:12*
3. Mary Jean Hurst, 60	Williamsburg	54:45*

\*Walkers winning age group awards

### Women 65-69

1. Nancy Atlee, 65	Gloucester	40:14
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### Women 70-and-over

1. Judy Stewart, 78	Williamsburg	37:35
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### Women Walk

1. Jocelyn Lamprecht, 12	New Kent	36:53
2. Karen Schenck, 62	Ark	44:22
3. Anita Wright, 68	Newport News	47:59
4. Linda Chelmow, 61	Williamsburg	53:12
5. Mary Jean Hurst, 60	Williamsburg	54:45
6. Rachel Roberts, 37	Williamsburg	54:56
7. Kim Goude, 33	Williamsburg	54:57
8. Alicia Aschiero, 36	Williamsburg	59:42
9. Aman Grant, 14	Williamsburg	1:01:25
10. Lindsay Whalen, 34	Williamsburg	1:01:32
11. Tara Anderson, 46	Brandywine, MD	1:03:38
12. Ava Anderson, 19	Brandywine, MD	1:03:39
13. Ann Marie DeFigloi, 43	Williamsburg	1:09:01
14. Audra Harrison, 31	Toano	1:09:02
15. Michelle Massie, 42	Williamsburg	1:09:02
16. Lizbeth Jackson, 60	Williamsburg	1:09:03
17. Brandi Foster, 42	Williamsburg	1:09:04
18. Mary Swisher, 42	Williamsburg	1:09:04

**Unclaimed Race Awards** – If you were an award winner and weren't around to claim your race award at the post-race awards ceremony you can still get your award from either the race director, or from Rick Platt, Race Coordinator for the Colonial Road Runners. Awards will not be mailed, but can be picked up from one of the following:

From the **race director** and their organization. For the Mad Dash 5K, the unclaimed awards are with race director Jen Berberich (757-253-1947). Email: [jberberich@thewisc.com](mailto:jberberich@thewisc.com)

From **Rick Platt** at an upcoming Colonial Road Runners race or workout, including at Williamsburg running workouts (DOG Street Pub Run, 6 p.m. on Mondays). See our website, [www.colonialroadrunners.org](http://www.colonialroadrunners.org) for the year's CRR Grand Prix race schedule and the weekly workout schedule.

At **Colonial Sports**, 1303 Jamestown Road #111, Williamsburg 23185 (Colony Square Shopping Center, next to ReStore). Get confirmation of your race award delivery to the store first, though.

Contact Rick Platt by email ([rickplatt1@juno.com](mailto:rickplatt1@juno.com)) or by phone (757-229-7375, or cell 757-345-1431) to determine who now has the unclaimed race awards, and to arrange pickup of your award at one of the above locations.