



INDOOR PADDLE YOGA & INDOOR PADDLE FIT

With Paddle On of Williamsburg

Sundays - 9:15-10:15am - Paddle Yoga Class

Tuesdays - 8-9pm - Paddle Yoga Class

Wednesdays - 10-11am - Paddle Yoga Class

Thursdays - 8-9pm - Paddle Fit Class

Prices:

\$25.00 drop in/ 5 classes for \$99

Register for all classes at www.paddleonwmbg.com

757-254-8492

paddleonwmbg@outlook.com