



NEW! Fitness Program Fees (effective November 1, 2009)

Menu	Non-Member	Member
Fitness Center (yearly commitment)		
Individual (18 yrs & up)	\$25 /month	INCLUDED
Couple	\$30 /month	INCLUDED
Family	\$40 /month	INCLUDED
Senior (55 yrs & up)	\$120 /year	INCLUDED
Personal Training		
Performance Evaluation	\$50	\$45
1 Hour Session	\$50	\$45
5 Pre-Paid Sessions	\$230	\$205
10 Pre-Paid Sessions	\$435	\$360
Semi-Private Sessions	\$35 /person	\$30 /person
5 Pre-Paid Semi-Private Sessions	\$160 /person	\$145 /person
10 Pre-Paid Semi-Private Sessions	\$300 /person	\$280 /person
Fitness Classes		
1 session	\$12	\$10
12 sessions	\$120	\$110
24 sessions	\$200	\$192
Program Design		
Program + 1 session	\$100	\$95

Saturday Morning Circuit Class is FREE to WISC Facility Members!