



Week 8 Practice Plan Template & Examples- Ages 12-15- Fun Day!

This is the last week of practice, which means scrimmage time!

Get players in teams as they are coming in and have them play the whole practice!

You can see if another team potentially wants to scrimmage too!

Use Scrimmage time to help players learn rules. (Throw ins, Handballs, Kickoff after a goal is scored, half time, etc.) Check this link for the full rules list.

<https://static1.squarespace.com/static/60f83a1296f90f11a8118910/t/623de3b9e0329b7fa721208c/1717593250541/Referee+Cheat+Sheet.pdf>

<https://static1.squarespace.com/static/60f83a1296f90f11a8118910/t/6509ca1fe6f93250ac1f1ca4/1695140383239/WISC+Sharks+Rec+Soccer+Format+2023-2.pdf>

#### **Tips for coach:**

Allow time for water breaks

**Have Fun! If you have fun, the kids will too!**