



## **WISC/SHARKS REC SOCCER LEAGUE FORMAT AND BASIC RULES**

### **4-5 and 5-6 Year old Divisions**

- Games are 5-a-side
- No Goalies
- Games have referees but coaches may be on the field to help facilitate
- Substitutions on the fly
- 36 minute games (18 minute halves)
- Games take place on mini fields with small goals

### **7-9 Year old Divisions**

- Games are 7-a-side (6 + Goalie)
- Games have a referee
- Coaches remain on sidelines
- Substitutions when ball goes out of play
- 36 minute games (18 minute halves)
- Games take place on Grass Field 11 with 6 x 12 goals

### **9-11 and 12-15 Year old Divisions**

- Games are 8-a-side (7 + Goalie)
- Games have a referee
- Coaches remain on sidelines
- Substitutions when ball goes out of play
- 36 minute games (18 minute halves)
- Games take place on Grass Field 7 with 7 x 21 or 8 x 24 goals